

Rocket, Fennel and Orange Salad

Ingredients:

$\frac{1}{2}$ Kg Rocket

1 whole Fennel

3 Small Oranges

Dressing:

$\frac{1}{4}$ Cup Olive Oil

3 Tablespoons White Balsamic Vinegar

Salt and Pepper to taste

Method:

1. Wash rocket in a sink of water and gently spin in a salad spinner, then place into a serving bowl.
2. Peel, clean and finely slice fennel into long thin strips then add to rocket (use a mandolin slicer if you have one)
3. Peel skin off oranges and thinly slice into circles and add to salad
4. Mix oil, vinegar and salt, mix well then drizzle over salad just before serving.
5. Salt and pepper to taste.