

Carrot and Golden Sultanas Salad

Ingredients

- 2 large Carrots peeled and grated**
- 1/2 cup of Sultanas**
- 4 Spring Onions**
- 2 Bok Choy (chopped finely) - washed thoroughly**

Dressing

- 2 tablespoon of Rice Wine Vinegar**
- 2 Tablespoon of Honey**
- 1 Clove of Garlic (Crushed)**
- 1 teaspoon of Fresh Mint**
- 1 teaspoon of Fresh Ginger**
- 1 teaspoon of Cumin Seeds**
- Salt and Pepper to taste**

Method

- 1. Wash all vegetables thoroughly**
- 2. Mix all vegetables together and share between 4 bowls**
- 3. Mix the dressing ingredients together then toss through the salad**
- 4. Enjoy**