SPECIAL OFFER

FOR

Kingston Heath Primary School
STAFF, STUDENTS & FAMILIES

10% off all new bikes, parts, and accessories*

Our friendly and experienced staff can help you with:

- New bikes and accessories, including Road, Mountain, Cross Country, Flat Bar, Hybrid and BMX. We stock new Apollo, Malvern Star, Orbea, Radius and Fuji.
- Second hand bikes and accessories
- Bike services
- Most repairs

We really are a one-stop shop! Come and visit us and let us help you get on the road and make your riding more enjoyable. Or simply email us with your questions at bicyclerecycle@bigpond.com.

*excludes items already on special. 08 June, 2016
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Simple bike maintenance.

Here are some simple things you can do to keep your bike in good shape, ready to enjoy!

The Chain

- Always try to keep your bike chain as clean as possible.
- Lubricate and clean your chain at least once a month - more often if the weather is wet.
- If your chain is packed with mud, hose it clean, wipe it down with a wet rag. Then lubricate it.
- Lubricate your chain using chain oil from a bike shop.

The Brakes

- Test your brakes frequently, as brake pads wear down over time.
- If you have to pull the brake levers tightly in order to stop, your brake pads and cables may need replacing.

Bike Cleaning

- Your bike will stay in better shape if you give it a good wash every couple of months.
- Hose the bike down first, then wipe down the frame, handle bars, seat and all other parts with soap and water.
- Use an old toothbrush to clean out dirt from the chain, cogs and gear mechanisms.
- Dry the bike as much as you can. Don’t forget to lubricate your chain with lube bought from a bike shop!

Remember, your bike should be serviced once per year. So, call us and let Bicycle Recycle look after you!

08 June, 2016